

Welcome to Alma Oasis

NEWSLETTER

WHAT'S NEW?

Weekend workshops!

Pellowah weekend workshops are now scheduled to take place in Worcester Park (easily accessible from London and Surrey areas) on 16th/17th September. **Payment plans to spread the cost are now available.**

[Register interest/sign up](#) to book your space!

How will Pellowah help?

- Pellowah Attunement is a gift to yourself! Beneficial for everyone! Great for the Practitioner wishing to learn a new modality, and wonderful for individual spiritual expansion.
- Pellowah is easy to learn, simple to use, and enables you to create positive lasting change in your Life...Pellowah is **Simple, Powerful and Effective!**
- With Pellowah Attunements you can expect: an alignment of the meridians, greater inner peace, inner strength and confidence. Everyday decisions, and decisions for your highest purpose become easier to navigate, thoughts are clearer and not limited by previous patterns and experiences. Objectivity, creativity, connection and wellbeing are enhanced. Your ability to receive insights and focus your thoughts, words and actions on your life journey become a natural part of your being.

Perfectly Imperfect!

With a variety of services available through Alma Oasis, you have the luxury of picking and mixing what resonates for you. I've had clients with a very clear idea of whether they want an energy healing or an intuitive coaching session or a reading done. Others are curious but are not quite sure. Everyone is welcome and taster sessions are also now available to help you make up your mind.

Ultimately, the real goal is to begin your very own unique personal journey back to your TRUE self to enable you to STEP INTO YOUR LIGHT. There is no right or wrong way; equally everyone's path is different – so it is not a case of 'one size fits all'. It's time to put yourself first....because in the story of your life, you are NUMERO UNO. Therefore, investing in self-development and well-being is the best way you can honour yourself and set yourself on a path that will only lead you closer to living the best version of yourself.....whilst being perfectly imperfect as you go about it!

At Alma Oasis, you will find yourself in a safe place where you can explore what it is that really calls to you; and you will be supported and guided every step of the way.

#almaoasis #stepintoyourlight #followyourheart #dowhatmakesyouhappy #perfectlyimperfect #numeroUno

Get in touch if you feel drawn to following your heart's desire [through our range of services](#).

Love, light & blessings!
Vivian Gloria Rose